# Volunteer Opportunities at Lakeview Pantry

<table>
<thead>
<tr>
<th>Day</th>
<th>Sheridan Market</th>
<th>The Hub</th>
<th>La Casa Norte</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Set-Up/Distribution 9am - 2pm, 1 - 5pm</td>
<td>Restock 1 - 4pm</td>
<td>Restock 10am - 12pm</td>
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<tr>
<td>Tuesday</td>
<td>Restock 11am - 3pm</td>
<td>Set-Up/Distribution 9am - 2pm, 1 - 5pm</td>
<td>Fresh Market Set-Up/Distribution 9am - 1pm, 12 - 4pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Set-Up/Distribution 9am - 2pm, 1 - 5pm</td>
<td>Family Shift (upon request) 4 - 5:30pm</td>
<td>Meal Service 4 - 8pm</td>
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<tr>
<td>Thursday</td>
<td>Restock 11am - 3pm</td>
<td>Restock/Gleaning 10am - 2pm, 1 - 4pm</td>
<td>Restock/Gleaning 11am - 2pm, 1 - 4pm</td>
</tr>
<tr>
<td>Friday</td>
<td>Set-Up/Distribution 9am - 2pm, 1 - 5pm</td>
<td>Online Market Pickup 1:30 - 5:30pm</td>
<td>Home Delivery &amp; Pop-Up Prep 1 - 4pm</td>
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<tr>
<td>Saturday</td>
<td>Distribution 9am - 1pm, 12 - 4pm</td>
<td>Home Delivery Driving 11am - 1pm</td>
<td>Restock/Gleaning 11am - 2pm</td>
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</table>

*Want to help with our food rescue efforts? Help drive our cargo vans Monday - Saturday from 9:30am - 2pm! Contact the volunteer team for more details.*
Youth Volunteer Opportunities

Teen Volunteer Opportunities

16-17 Years Old

- Minors age 16 & 17 are eligible to volunteer for all shifts without a parent or guardian.
- Anyone 16 or older can sign up online using their personal site after attending an orientation with a guardian and completing a youth waiver.

Family Volunteer Opportunities

All youth 15 years & younger must contact the Volunteer Team to sign up for a shift. Please email volunteers@lakeviewpantry.org to get on the schedule.

13-15 Years Old

- Minors age 13-15 are able to volunteer at any shift as long as they are accompanied by an adult.
- A parent or guardian must attend orientation with a 13 to 15-year-old.

9-12 Years Old

- Minors age 9-12 can attend some shifts (marked with the icon above) as long as they are accompanied by an adult.

8 Years & Younger

Due to the nature of the work involved, many of our shifts are not appropriate for children.
- Our Kid's Advisory Council is a group of kids ages 5-13 who want to make a difference in their community. We meet quarterly to work on volunteer projects and learn about how to help fight hunger in our neighborhoods! Parents are encouraged to attend with their children. For more information, contact Grace Radzik at grace@lakeviewpantry.org.
- Our Saturday Home Delivery Set-Up from 9 - 11:30am shift is appropriate for children. This shift is very popular and fills up fast!
- A parent or guardian must attend orientation for youth under 8 years old to volunteer.