

Lakeview Pantry brings nutrition home

The normally bustling Lakeview neighborhood is quiet early one Saturday morning in April. Most residents are taking the opportunity to sleep in and enjoy a leisurely weekend, but a small group of volunteers are already hard at work at Lakeview Pantry, 3831 N. Broadway Ave., packing bags of food for deliveries to home-bound individuals.

Overseeing the group's progress is Jenny Dwyer, Lakeview Pantry community outreach coordinator. Jenny joined Lakeview nearly two years ago to manage the home delivery program. During her time with the pantry, the program has grown to serve nearly 200 individuals

“[The program] has definitely grown,” Jenny said. “Right now, we have so many people who could use it that we have a waiting list.”

The program has also grown in its food offerings. With input from a volunteer dietitian, the pantry created bags for clients with diabetes and other special dietary concerns. Healthy tips, recipes and recommended portion sizes are included in each bag. Clients can place their orders by phone and have a choice in delivery date, either the second or fourth Saturday of each month.

“Diabetics can have a lot of types of food, but they need to watch the portion size,” Jenny said. “We include things like fresh produce and whole wheat bread.”

a month who are physically unable to travel to a weekly walk-in food distribution.

Lakeview Pantry volunteers pack bags of food for home deliveries on a Saturday morning in April. Each bag of groceries is tailored to specific health concerns like diabetes to help individuals manage their diets.



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Bernice Holman, 69, has difficulty walking around her apartment, let alone walking to the grocery store blocks away from her building. If Lakeview did not deliver food to her, Bernice admits she does not know what she would do to get the food she needs.

“I don’t know,” Bernice said. “I would need to figure out something on my own. Even if I took a bus it would be hard [to get to the store].”

Johnnie Swindell had visited Lakeview’s walk-in distributions until a knee injury at work left him nearly immobile as he recovers. Johnnie hopes to continue his part-time maintenance job once his knee heals, but in the meantime, the home deliveries help him make ends meet.

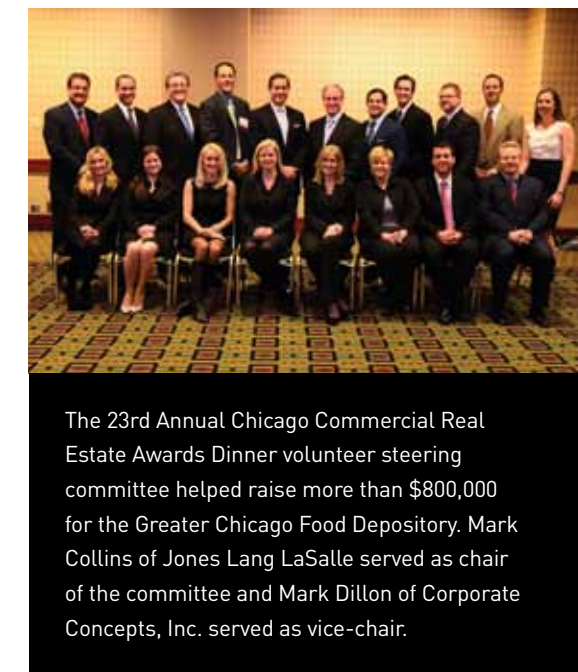
“I think it’s a wonderful thing,” Johnnie said. “It’s really great for anyone who can’t get to the store.”

Johnnie recognizes he is lucky in that his injury is only temporary. “Imagine someone really can’t get out. How are they going to carry two bags of groceries?” ■

CHICAGO COMMERCIAL REAL ESTATE AWARDS DINNER RAISES FUNDS FOR HUNGER RELIEF

The 23rd Annual Chicago Commercial Real Estate Awards Dinner recognized outstanding architects, designers, developers and brokers at the Hyatt Regency in March. A benefit of the Greater Chicago Food Depository, the event raised more than \$800,000 to support hunger-relief programs in Cook County. Winners included Jones Lang LaSalle (Innovative Deal of the Year), John Goodman and Rick Schuham of Studley, Inc. (Office Broker of the Year), and CB Richard Ellis (Property Management Company of the Year).

More than 1,500 brokers, developers, designers and architects were on hand as awards were presented in 16 categories. Crain’s Chicago Business and Associated Bank were the event’s presenting sponsors. Fox Chicago’s Corey McPherrin served as master of ceremonies.



The 23rd Annual Chicago Commercial Real Estate Awards Dinner volunteer steering committee helped raise more than \$800,000 for the Greater Chicago Food Depository. Mark Collins of Jones Lang LaSalle served as chair of the committee and Mark Dillon of Corporate Concepts, Inc. served as vice-chair.

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